

ProConnect Mentee Role

Your Role

As a ProConnect Mentee, you are an active partner in building a professional relationship that can extend well beyond the formal ProConnect program.

ProConnect provides the introduction, structure, and opportunities to connect. It is up to you to invest in those relationships, make the most of the experience, and continue building them after the structured program concludes. Come ready to ask questions, share your goals and challenges, seek feedback, and build meaningful professional relationships.

What We Ask of You

- **Be present and engaged.** Attend and actively participate in scheduled ProConnect events from February through May and remain engaged with your triad between events.
- **Communicate consistently.** Respond to your Mentor and fellow Mentee in a timely manner and take an active role in keeping the relationship moving.
- **Share your goals.** Be open about your professional goals, interests, questions, challenges, and areas where you would like to grow.
- **Be curious and open to feedback.** Ask questions, seek perspective, and be willing to consider ideas and experiences that may differ from your own.
- **Take initiative.** Mentorship is a two-way relationship. Look for opportunities to connect, follow up, ask for help, and make the most of the people and resources available through ProConnect.
- **Build trust and maintain confidentiality.** Respect the personal and professional experiences shared by your Mentor and fellow Mentee. Treat conversations within the triad with discretion and do not share personal or sensitive information outside the relationship without permission.
- **Follow through.** Honor commitments and look for opportunities to put ideas, feedback, introductions, and learning into action.

Time Commitment

ProConnect extends beyond our scheduled events. Mentees should plan for approximately 2-4 hours per month from February through May outside of scheduled events for communication, meetings, agency visits, preparation, follow-up, networking opportunities, and other relationship-building activities. The structured program provides the foundation. Continuing to reach out, ask questions, share updates, celebrate successes, and seek perspective after May is how that initial connection can grow into a lasting professional relationship. This Role is a Good Fit if... You are curious, open to feedback, willing to invest in your own development, and prepared to be an active contributor—not simply a participant—in the mentorship relationship.

If you have the time, curiosity, and commitment to invest in professional relationships, ProConnect is designed for you.